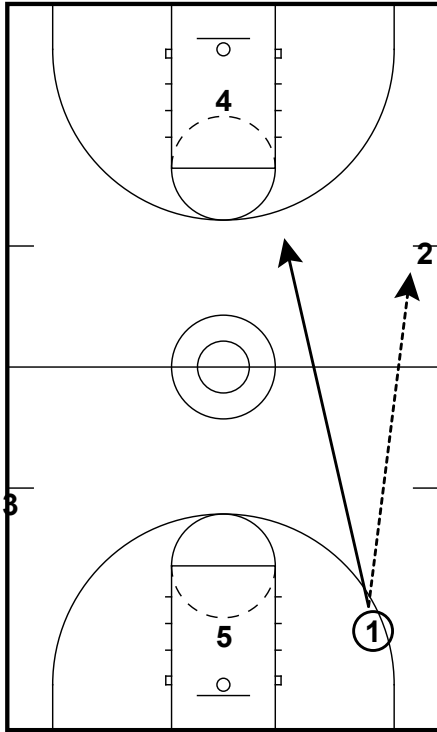


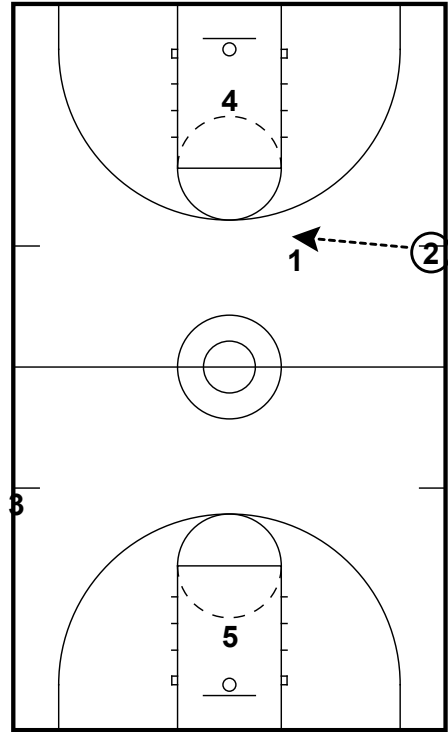
All Teams

Full Court Shooting w/ Dribble Shooting Drill



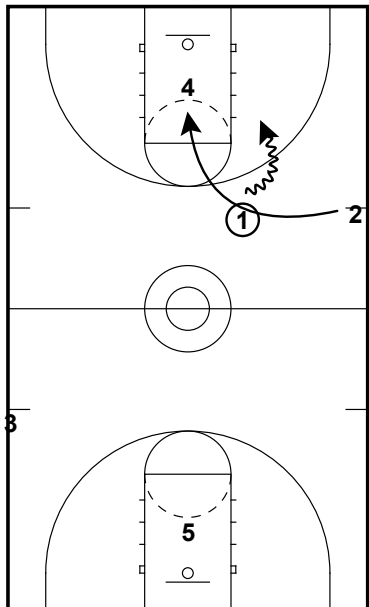
All Teams

Full Court Shooting w/ Dribble Shooting Drill



All Teams

Full Court Shooting w/ Dribble Shooting Drill



1 will pass ahead to 2 and then receive a pass back. 1 is required to make one dribble move and then pull up for jump shot.

2 and 4 will compete for rebound. Whoever gets rebound will return on the other end in same way.

Have 2 balls and start in both corners so both sides are running at the same time.

If player wants to shoot they have to get a rebound first.